

**NEW HORIZON SCHOLARS SCHOOL
AIROLI
2022-2023
Second Issue**

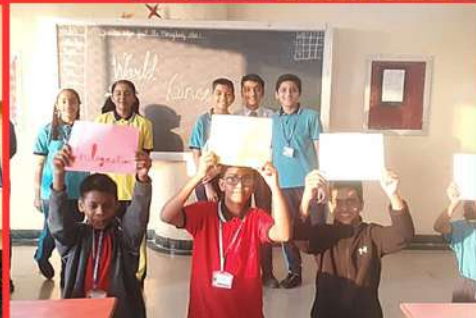


**REFLECTION, THE WAY
AHEAD**

ADVENTURE CAMP



ADVENTURE CAMP 2022-23 (PRIMARY)



ADVENTURE CAMP 2022-23 (SECONDARY)



EDITOR'S VOICE

Gratitude is a feeling of appreciation or thanks. With gratitude, people acknowledge the goodness in their lives. It opens the human heart and carries the urge to give back-to do something good in return, either for the person who helped us or for someone else. It establishes social harmony and creates an environment where everyone is appreciating and providing support to each other. It not only improves the quality of personal lives but also strengthens the bond with family and friends.

Two years of pandemic and lockdown brought lives to a standstill. People were subjected to layoffs, pay-cuts, business losses, high rising medical bills, uncertainty to the extreme. How each one of us coped up with these is mind -boggling! We still are coping to find our footing in these trying times. So, friends in this Second Issue of our Newsletter we bring forth various aspects of many a things which made our lives a blessing and we pray in return we can touch the lives of others positively. Check out the simple steps one can take in life to achieve this.

Everyone can benefit from making an effort to practice gratitude in our day-to-day life. We must appreciate and accept the importance of everything in nature and our surroundings. Every day is a blessing and we should make a habit of thanking God when we wake up in the morning and before sleeping at night.

Most importantly remember, gratitude is not fixed. It is a practice we can learn and build upon, something that becomes an integral part of who we are and how we live.

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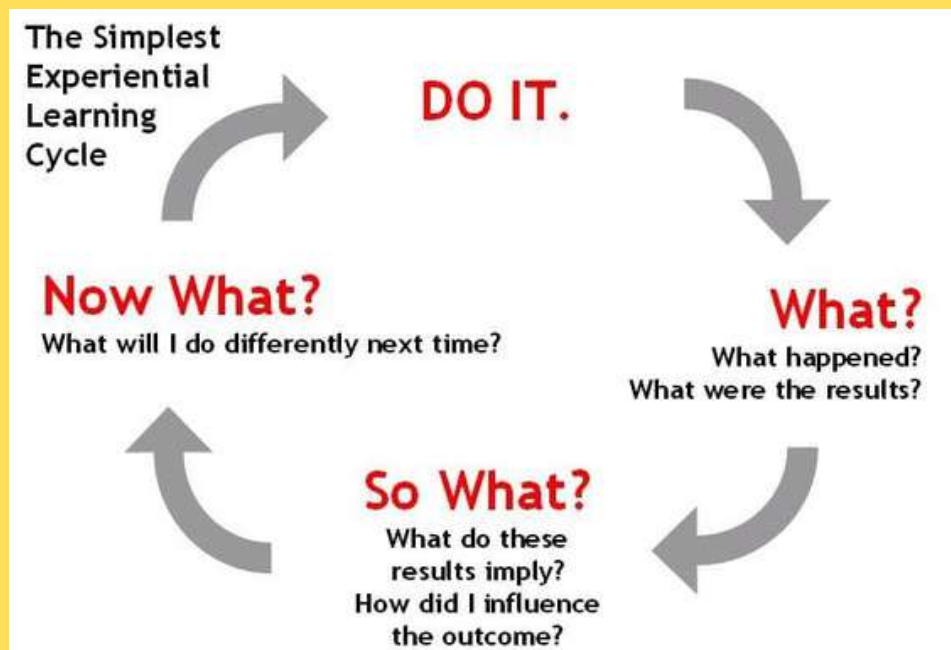
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CURRICULUM FRAMEWORK

The NEP and its curriculum is directed towards understanding and exploring the Experiential Learning Cycle.

As passionate as I am for students and their learning and growing program I would certainly check out the efficacy of the flow chart.



To make learning meaningful I would adopt whole - heartedly some of my favourite Experiential Learning Activities.

- SELF-DIRECTED PROJECT-BASED LEARNING
- PROBLEM-BASED LEARNING
- MAKER PROJECTS W/ DESIGN THINKING
- COMMUNITY ACTION PROJECTS
- SCIENTIFIC OPEN INQUIRY

NURTURING OUR FOUNDATION

It is necessary to ensure a good vibe at Neo Kids for the child's overall development.

After all, young children need special care and attention for the right development of their physical, mental & psychological abilities.

The whole aura at Neo Kids is shaped in the required manner. Here we engage children through activities like role-playing, storytelling. We also have interactive activities, dance, singing, art, games, etc. Most importantly, the core elements of our teaching methodology have been designed to boost the curiosity and creativity in the little ones.

At Neo Kids safety of children is above all.

A premise maintains child safe environment

Installation of CCTV for observation and safety purpose is of prime importance.



WE LEARN MANY A THINGS





**Show and tell
flowers**

**Vegetable Vendor
Role Play**



Makar Sankranti



Celebrating Halloween Day





THEME PRESENTATION



On Saturday, 25th February 2023 Neo Kids showcased their Theme Presentation. The confidence and charm of the children enacting their roles effortlessly through dance, singing and enactment mesmerized the audience.

The joyful atmosphere resounded with thunderous applause from the audience and their happiness took everyone to cloud nine.

Hip, Hip Hurray our Neolites !



ART EXHIBITION

Creative practices themselves are incredibly stimulating and they help train our brain into seeing life with more colour and vibrancy.

Having a creative mind enables us to make something out of nothing, so we on our part allowed our students to explore and have fun. Lo behold! See the result created by them. Check out the vibrant detailing which surfaced in response to this.



OUR YOUNG ARTISTS AT WORK









BUDDING WRITERS

A Birthday to Remember

It was Kamal's birthday. He was turning 11. He was excited to host a party at a restaurant for all his friends. Kamal was studying in class 5 in the city of Bengaluru.

As the birthday bash began, his friends gathered and the cake was cut followed by a pizza treat. All of them had a wonderful time and enjoyed a lot. Kamal received a lot of gifts which he was eagerly awaiting to open.

After all his friends left, Kamal's mother called him and asked him to go around the tables where his friends had dinner. He saw that much of the food was still left on the table. He did not understand what his mother intended to say. She then showed him a small boy of his age standing outside the restaurant who looked pale and hungry. Kamal had seen that boy before. He had been watching Kamal and his friends playing and enjoying in the party all this while. His mother explained that there were many children who deserved as much joy, love and fun as Kamal did. But, they were less privileged. She urged him to empathize with him. His mother told him that birthday celebrations could also be done on a smaller scale and the saved amount could be donated to those in need.

Kamal understood what his mother was trying to say. He ran to the table, took a large piece of the birthday cake and a gifted T- shirt and gave it to the poor little boy. The boy thanked him whole heartedly and with a twinkle in his eyes and smile on his face wished Kamala 'Happy Birthday!!!'

RHYTHMIC EFFECTS

I AM THANKFUL

For flowers and squirrels,
And birds that have wings,
For lions and tigers and all living things,
For mountains and rivers,
For water and air,
For mom and dad who show me they care,
For food on my table and something to drink,
For yellow, orange, purple and pink,
For love and caring people all around.
I am Thankful

Mst. Aaradhya N. Ashok
III -A

BE HUMBLE

Be grateful for what you have with you,
Hold each others hand whenever you can do,
Be the light in someone's darkness,
As everyone is seeking love, care and happiness,
But can we give a little to those who are in need,
Think about it, I plead.....

Mst. Karthik Patil
V - I

THANK YOU NOTE FOR MY TEACHERS

Be grateful for what you have with you,
Hold each others hand whenever you can do,
Be the light in someone's darkness,
As everyone is seeking love, care and happiness,
But can we give a little to those who are in need,
Think about it, I plead.....

Mst. Karthik Patil
V - I

WHY GOD MADE TEACHERS

When God created teachers,
He gave a special friend,
To help us understand His wonder,
And truly comprehend,
The beauty and the wonder,
Of everything we see,
And become a better person,
As he wants us to be.

Mst. Anuj Patil
V - C



MATHS EXHIBITION

Mathematics is an integral part of our daily lives. Students' planning and critical thinking abilities develop as a result of such unique Math Exhibition which inculcates the "habit of thinking and cognitive skills." It also aids in the development of the student's reasoning abilities.

Students built on different mathematics skills and concepts and showed the interconnection and interdependency of different subjects with mathematics.



NHPTA_G6 MUDHURA

Dear Teachers.... Excellent Maths Exhibition... Students did such a great work... Maths wouldn't have been easier than the way they presented. Each and every display was commendable and very well explained by students.. they associated the connection of science and even history in Maths.. Thank you for conducting such events and getting the best from them. Please pass this message to all the teachers and even the non teaching staff for putting up a great show.. well done 🙌🙌🙌

10:26 a.m.

Message

OUR FOUNDER TEACHERS



Ms. Kavita Singh



Ms. Athiya Nussrath



Ms. Pushpa Shetty



Mr. Rajib Chakraborty



Mr. Dinesh Nerkar

NHSSA is indeed grateful to have been ably assisted by YOU my Founder Teachers since its inception in 2010. Your long association and bonding with the school speaks volumes about you.

It takes patience, endurance and talent to be a teacher, but you have made it look so easy day after day. You have been an incredible teacher of lessons both inside and outside of the classroom.

Our gratefulness goes out to you today, and forever for being a magnificent mentor and an unparalleled teacher.

PARENTS CORNER



**Parents Name – Mrs. Pinky Patwal
Mother of Mst. Naitik Patwal -V –A**

1. How long have you been associated with the school?

Ans. Naitik has been in the school since 2015 from Nursery.

2. What made you put your child in NHSS?

Ans. I had decided to put him in NHSS as it is nearby and I had received very good feedback about the school .

3. Has your child benefited as a student of this school and what positive changes have you observed in him?

Ans. Yes, definitely. What- ever my child has learnt, he has learnt in the school itself because of the efforts taken by teachers, so it wouldn't be wrong to say that whatever he has learnt till now is just because of the school and the teachers.

4. What are your aspirations regarding your child as a student of NHSS?

Ans. As a parent I want my child to do well in academics as well as in co-curricular activities for his overall development. My child is very much interested in football so I would like the school to make some provisions regarding the same.

5. As a parent how do you help your child to cope up with academics and co – curricular activities?

Ans. As working parents we are not able to devote enough time but we ensure that his academic needs are taken care through private tuitions. We do keep a check on his progress.

6. How do you think mental health plays an important role in the development of the child?

Ans. Mental health is equally important as physical health as I believe 'A healthy mind in a healthy body and vice versa'.

7. How according to you, have the various events organised by the school helped in the overall development of the child?

Ans. My child has developed interest in things which he found uninteresting earlier, such events give children the platform to showcase their talent and to be confident .

8. One of our student has topped the list by scoring 99.99%. Do you see your child there in the future? What efforts will you put as a parent along with the school, to help your child make it to the toppers list?

Ans. It's great to know that one of our student has scored 99.99% in 10th. I would also love to see my child there as a parent. I would try my level best to provide necessary resources and would be a moral supporter as well.

9. For the overall development of the child all the stakeholders play an important role. Do you agree? What role do they play?

Ans. Yes. Parents, students and Teachers of the school play an important and vital role in the development of the child.

10. As a parent, how do you come forward to help the school?

Ans. I have always appreciated the efforts taken by the school keeping in mind the needs of the students. Personally would never believe in something until and unless I have gone through it myself .



**Parents Name – Mrs. Swati Deshmukh
Mother of Ms. Aadya Deshmukh IV –H**

1. How long have you been associated with the school?

Ans. I have been associated with the school for the past 5 years.

2. What made you put your child in NHSS?

Ans. First of all it's close to my home. Secondly it has a good reputation. It is situated in a clean and hygienic environment. Other factors that appealed to me are safety, security and student counselling.

3.Has your child benefited as a student of this school and what positive changes have you observed in him/her?

Ans. Yes, Definitely. I have observed a definite positive change in my daughter. She has imbibed qualities such as good manners, discipline, and social interaction.

4.What are your aspirations regarding your child as a student of NHSS?

Ans. I want my child to be strong morally. She should respect others and be empathetic, sincere and kind. The teachers, parents are the example setters, when it comes to moral values. They learn through our actions and words. Also, she should have strong analytical and mathematical skills.

5. As a parent how do you help your child to cope up with academics and co-curricular activities?

Ans. I always believe in scheduling the things as per priority. I have set a routine for her with proper mealtimes, study, play and a sleep schedule. I support her choice of extra-curricular activities such as kathak , karate and swimming . I always encourage her to develop habits that help her to meet her expectations.

6. Do you think mental health plays an important role in the development of the child?

Ans. It plays a major significant role in the development of the child. Mental health has an impact on thinking ,emotions, and it also helps to deal with body changes.

7. How according to you, have the various events organised by the school helped in the overall development of your child?

Ans. It helps the child to socialize and interact with people during such events. Activities / events organized in schools are the best way to help a child in speaking up & to present their talents, skills confidently.

8. One of our students has topped the list by scoring 99.99%, do you see your child there in the future? What efforts will you put as a parent along with the school, to help your child make it to the topper's list?

Ans. Yes. Closely monitoring child's academic performance i.e. teacher's feedback, and school progress reports and understanding how she is doing at school. Attending the PTA to learn about her academic, emotional, and social progress. I always encourage her to connect the coursework to real life. I always provide her healthy external motivation in the form of encouragement.

9. For the overall development of the child all the stakeholders play an important role. Do you agree? What role do they play?

Ans. Yes. Parents, students and Teachers of the school play an important and vital role in the development of the children.

Parents control social development and behaviour, support a healthy lifestyle, and foster a comfortable environment for children outside the school. Depending on the age, child requires a different level of attention and different approach and education / curriculum methods. The schools needs to provide more emphasis on this.

Major challenges for teachers are to nurture children's learning and give them various experiences to face this challenging world. School moulds the child to be a responsible and independent learner. Teacher is the first person from whom a child learns social skills in school. Teachers make them comfortable and guides them on the early concepts and developmental skills of life. An open minded, well balanced and a planned teacher has a great power to bring a positive change in the child's development. As the child grows and develops mastery in different skills, teachers become a real guide in nurturing their interest and to make them more independent.

10. As a parent ,how do you come forward to help the school?

Ans. Interaction with teachers, attending PTA, Providing the suggestions, if required & active participation of child in events organised by the school.

Thank you so much Pinky Patwal Ma'am and Swati Deshmukh Ma'am for your honest and encouraging feedback. Kudos to these parents !

Ma'am, I truly believe that for the holistic development of the child we the stakeholders must support each other.

ART INTEGRATION LEARNING WHILE DOING



SOURCES OF WATER



MODES OF TRANSPORT

Science Art Integration

If you want to have food, conserve the soil
dude!



KAAYLA PATKAR - IX-H-S

SAVE SOIL

Save Soil

SCIENCE ART INTEGRATION

SOIL
Soil is the loose surface material that covers most land. It consists of inorganic particles and organic matter. Soil provides the structural support to plants used in agriculture and is also their source of water and nutrients.



WHY IS SOIL IMPORTANT?

Soil provides a host of crucial services for both people and the planet. Soil puts food on our plates, purifies our water, protects us against flooding and combats droughts. It's also key to tackling climate change as it captures and stores vast amounts of carbon. There is no food security without healthy soils.



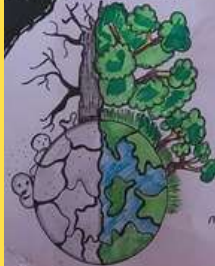
WHAT DO YOU MEAN BY SAVE SOIL?

Save Soil is a global movement launched by Indian spiritual leader Sadhguru to address land degradation and advocate for healthy soil. The initiative was presented on April 1st at the United Nations in Geneva by the Isha Foundation and supported by the UN, UNFCCC and WFP.



HOW CAN WE SAVE SOIL?

Soil conservation is a method through which we can save soil. It practises some things which farmers can use to prevent soil degradation and build organic matter. Crop rotation, reduced tillage, mulching, cover cropping and no-till farming are some methods through which we can save soil.



SOIL CONSERVATION



Healthy soil due to soil conservation practices

Unhealthy soil without soil conservation practices

So Next!

ALUMNI SPEAKS



Aryan Chandramauli

1. Did you ever think that you would top the AISSCE examination 2022?

I was confident of doing well and being amongst the top as I had prepared hard. Coming out on the top was an icing on the cake.

2. What was your reaction when the results were announced?

I was happy, but I had expected to score more. The year 2022 was a challenging year for those preparing for competitive exams as we had two CBSE terms to attempt and several uncertainties around dates.

3. What is the primary element behind your overwhelming victory?

I worked hard and had the full support of my parents. Primary element is hard work and practice.

4. Whom do you give the credit for your achievement?

I owe my success to my parents who have always been encouraging and my teachers who have been supportive.

5. How many hours did you devote to your studies in a day?

I had to juggle between preparing for JEE and other Engineering exam entrance tests and the board exams. The syllabus was more or less the same but the level of difficulty and the mode of approach to the two exams were poles apart. While I studied for 8-10 hours a day, my time for the board exam preparation was concentrated to the days closer to the exam.

6. How did you de-stress yourself?

There was no hard and fast rule. I would sometimes chat with my parents. At other times, I would string the guitar or play keyboard and listen to some good music. I wasn't into any heavy reading, only Tintin or Asterix comics. I also watched some quality stand up Comedies on the OTT. It is important to keep one's mind free of stress.

7. 'Who is your source of inspiration?

The smile and happiness on my parent's faces. I remember how delighted they were when I got a centum (100%) in Math in my class X. I would always want to put that smile on their faces through dint of hard work and that inspires me the most.

8. What is your ambition in life?

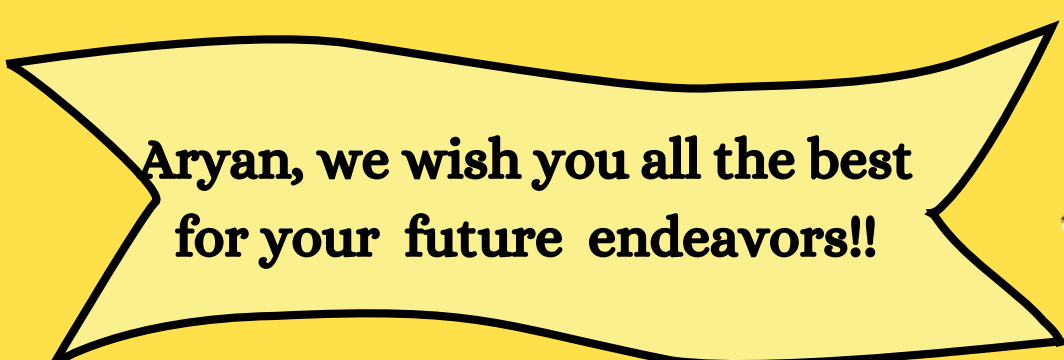
My ambition is to create something that will involve technological innovation and favourably impact the lives of people in the world.

9. Your take to students appearing for such Examination.

It is quite simple. Hard work is key to success. Manage your time well. Plan a daily schedule and adhere to it. Practice of past year question papers will greatly help boost one's confidence. These two years are crucial and will greatly influence your career choices.

10. Express your parting thoughts about your school.

School will always be a mixed bag of emotions, just like for everyone. There were good and bad days, eventful and uneventful days, lucky and unlucky days, fun and sad days and so on. I will always have nostalgic remembrance of my school days.



**Aryan, we wish you all the best
for your future endeavors!!**



AARUSHI SHETTY

1. Which was your favourite sport or activity while in school?

Being in NHSS for 10 years, my years have been invested successfully in academics and co-curricular. It has also given my talents an up boost. My favourite sport in school well kno-kho, badminton, and Dodgeball. Having got a chance to represent my school in DSO Kho-Kho [District level Competition) makes me fortunate. From participating in various intra-school competitions like debate, One Act plays, and Elocution to being a host of an annual day and directing a Shakespearean play "MALBETH" and bagging the 2nd position in National Helen o Grady.

2.Share with us some fond memories of your school life.

Fond memories in school were the times spent with friends, classmates and teachers. Those educational field trips that we use to wait for every year, be it Rajasthan, Great Manabalunwar • Exhibitions during open house inter-school competitions, all activities made us believe in ourselves, and also empowered teamwork. The early morning assembly, the drill and also yoga were good memories. that I miss doing now.

3.What is the most important thing you've learned in school?

Being in college currently, I miss school a lot more than opportunities to experience myself. in every aspect of life be it leadership or researcher

4. What are you currently doing?

I am currently in my Bachelor of Physiotherapy (BPT). I am pursuing the course from MGM medical college Kamothe

5.What has been your proudest achievement so far?

My proudest achievement so far has been the Head girl of NASS (2018-2019). Serving as a cultural Head in the School Parliament for a year and also the Member of the Redrenal committee in our School. It also adds a trump card up my sleeves, to receive many rewards in olympiads and Spell Bee competitions. I being a Catholic, was not used to speaking efficient Marathi. But acing the sole lead in my Marathi play gave my confidence a push when my Principal appreciated me.

6. How much would you credit our school for your success?

My School NHSS has given me the vision to excel no matter what. I consider and give maximum credit to NHSS for moulding me into a humble yet confident, dedicated, & strong person. These hard times in school, coping with academics, co-curricular and friends at the same time made me a "pro-multitasker".

7.If you get an opportunity to go back to school again, what might you do differently?

If I get to go back to school, the only thing I would do differently would be, to be more of a sportsperson and keep up a sport like swimming or skating, which I wanted to do but eventually didn't focus on.

8.How do you define "success?"

For me, success is not for all, It is for those who have perseverance, struggle and grit. Taking your 1st difficult step towards your goal is a small part of success, but to be successful one must be ready for sacrifice and hard work.

9.How did you avoid distractions and prioritize your tasks to achieve your goals?

I have always been confident about my goals, I always wanted to be a doctor and I am pursuing the same. If your mind and heart are into your dreams, attractions don't affect you. My parents have helped me in prioritizing my goals and they have always motivated me toward it.

10. What are your strengths?

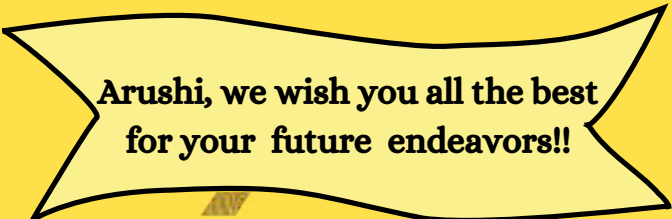
My strength is my mind and my addiction to my goal. Also, I feel I understand the priority and hence can stand up for it.

11. A piece of unique advice to your juniors.

Unique advice would be that "Don't let other's opinions define you. Never be afraid of being yourself, always remember to take experience from your failure and never say no to any opportunity, as you might not know what's in store for you. Above all remember to be humble and kind.

12. What do you hope to be doing ten years from now?

10 years from now I see myself having a physiotherapy Clinic of my own. Where all branches of physios will be available. To provide free and affordable treatment to the downtrodden people through community help and charity. I am focusing on being a Neuro-physiotherapist.



**Arushi, we wish you all the best
for your future endeavors!!**

BUDDING PICASSO



ADITYA TIWARI
VIII D



Aditi Shetty
VIII H

TEACHER'S BLOG

Mother Nature says it all

Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop off like autumn leaves- John Muir

Lo behold ! pandemic and lockdown showed a glorifying moment of nature healing herself. Where humanity has been carefully tucked away at their homes and humans are keeping a safe distance from each other, nature has transformed herself into a self healing centre. It compelled us all change the lens through which we were witnessing this pandemic and have a very rejuvenated look on the way we experienced this global crisis.



AUSPICIOUS RIVERS GAINING ITS PURITY

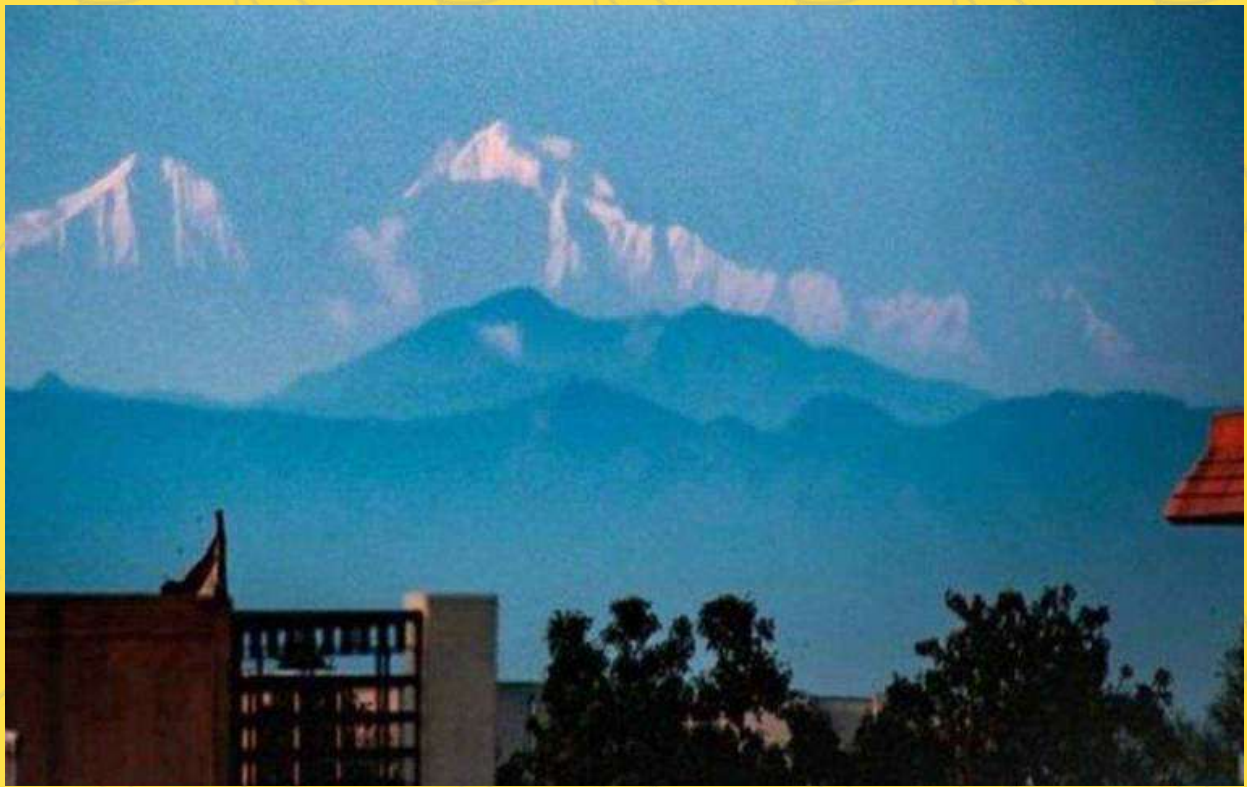
The lockdown seems to have done what three decades of Ganga Cleaning Project could not do – improving quality of Ganga water. With reduced release of the industrial waste, certain parts of river Ganga has shown miraculous improvement in the water quality. In Harki Pauri Ghat, Haridwar the holy river water had been stated fit for drinking. Reduction in the industrial waste has also resulted in improving the water condition of the Yamuna river.



Residents of Mumbai's Khareghat Parsi colony in Tardeo had some unexpected visitors in their neighbourhood. With a decrease in human activities, streets have been free from pedestrians and constantly honking vehicles. Taking advantage of this serene environment, our national bird peacocks might have thought of expanding their territories. These peacocks are believed to have arrived from the nearby Doongerwadi forest.



In a hard-to-believe moment, residents of Jalandhar, Punjab woke up to an incredible sight – a mountain range peeking from behind the clouds. What people really saw is the mighty Dhauladhar range in Himachal Pradesh. People who shared the images of the incredible sight claimed that the incident took place almost after 30 years.



Himalayan mountains become visible from Saharanpur in Uttar Pradesh.



The three-week lockdown had flattened something else — India's notorious air pollution.

The speed of the change had surprised even experts, who say it is proof that dramatic improvements in air quality can be achieved, albeit at an enormous human and economic cost.

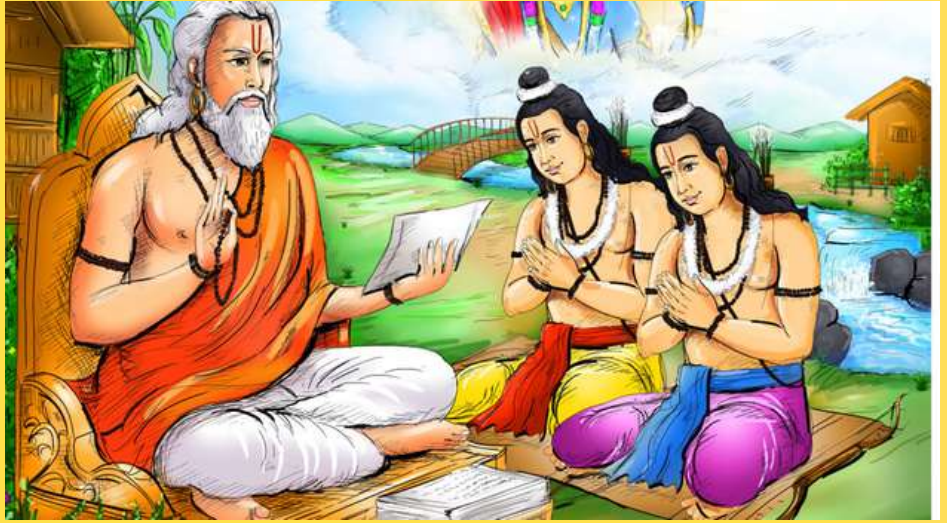
The India Gate War Memorial in New Delhi on Oct. 17, 2019, and on April 8, 2020, after air pollution levels dropped during a 21-day nationwide lockdown to slow the spread of the coronavirus.

***A victory over science and technology.
We bow down to glory of Mother Nature !***



KUDOS TO THE TEACHINGS FROM RAMAYANA

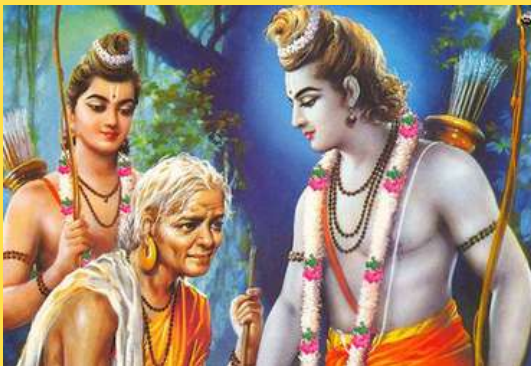
The Ramayana is not just a Hindu mythology which takes us on an adventurous journey where we are captivated by the characters, the story line and the setting but at the same time it gives out a loud message to all of us. It is a tool which effectively demonstrates the importance of simple life skills such as loving and respecting your family, keeping your promises, protecting the weak and so on.



We are living in a materialistic world and we come face to face with situations which compels us to make choices. There are times we are in a dilemma and cannot think straight. Where and whom do we turn to?

Let's make our great epics our way ahead. If we read these epics correctly then there is a lot of take away for each one of us.

In this issue we are bringing for you two very important aspects which if you accept would become your strength , your pride.



Love And Respect for Parent

Children have duties towards their parents. Do you agree with this? Let's check this out for ourselves.

In this epic we see for ourselves how Lord Rama lives up to the promise made by his father. Come what may he ensured that his father's words are upheld. This shows the deep love and devotion that he had for his parents. He willingly and whole-heartedly chose to spend 14 long years in exile in a forest to uphold his father's honour. Such was the regard he had for his father.

On the other hand, we notice how King Dashrath died pining for his son. It shows the attachment and love every parent has for their children. One of the most important Life lessons to learn from Ramayana is that no matter what you are, your parents always love and care for you

King Dashrath too loved his eldest son so deeply that when Rama left for the forest, he could not bear the thought of being away from his son for 14 years and breathed his last.

Stay Away from Negative People

The third wife of King Dashratha, Queen Kaikeyi, loved and cherished Rama more than her own son Bharat. However, her maid-in- waiting, Manthara poisoned her mind with negativity. Manthara convinced Kaikeyi to send Rama into exile and insisted on Bharat being crowned as the king. Kaikeyi was trapped and became power hungry.

She manipulated the situation to get Rama banished from Ayodhya, Remember children always guard yourself against vicious counsel and stay away from negative people. A negative mind can easily brainwash all the good inside you.

Differentiate between Right and Wrong

Can you choose right over wrong even when wrong may feel more right? Is it possible? Check out the example of Bharat, Lord Rama's younger brother who was awarded the honour of ruling the mighty kingdom of Ayodhya on a platter.

He could have just accepted the throne and made the absolute power that came with it as his way of life.

But, his sense of right and wrong prevented him from accepting it. Upon learning how his own mother Kaikeyi had manipulated the situation to get his elder brother Rama banished from Ayodhya, he was heart-broken and ashamed.

He could not accept this turn of events. He immediately went into the forest to convince his brother Rama to come back and take up his rightful position as ruler of Ayodhya. What did he do when Rama refused to return to Ayodhya before completing his 14 years in exile?

At first, he could not believe it! Then he got the message loud and clear. He returned back with a heavy heart and placed Rama's footwear on the throne and ruled Ayodhya in the name of Rama. This shows the extent of his love for his brother and his strong desire to be fair and just.

What does this part of the story teach you?

Remember even if something is extremely attractive, expensive and desirable, we should only accept it if it is attained in a just and fair manner without hurting anyone else.

A very difficult proposition but if we put our heart to it, we will come out of the situation in a dignified manner.

Victory of Good over Evil



Ravana was highly intellectual and powerful, but at the same time a cruel and arrogant king.

Why did he kidnap Lord Rama's wife, Sita?

To seek revenge from him and his brother Laxman for having cut off the nose of his very own sister Surpanakha.

What followed next?

A series of events. One by one all his powerful brothers were defeated and killed.

His own brother Vibhishan took refuge with Lord Rama.

Eventually, Lord Rama wins the battle and rescues Sita.

So what did we learn here "No matter how bad the circumstances be in life, good will always prevail over evil".

We can be successful if we put our best intentions to the task at hand.

RISING STARS



Mst. Kushal Sawant

Achievement – Selected in Mumbai Cricket Association (MCA)

Started playing from the age of 6.

My father is my inspiration but Virat Kohli is my role model.

I do practice every day at least for 4 hours.

I want to be an all-rounder. I want to be good in batting as well as in fielding.

I start my day with honey and water and I eat a balanced diet which includes fruits, sprouts and vegetables..

I also exercise and do meditation everyday.



Mst. Chhayank Desai

Achievement – State and National level champion in skating (Silver and Bronze in Endurance National Challenge, Gold in Mission Olympics)

My sister has been my inspiration.

I started playing from the age of 3.

My parents take me for practice every day and cater to all my needs.

I do practice for 2 and half hours everyday.

I would like to improve in inline progress in skating.

I avoid junk food and exercise regularly.



Ms. Avani Govekar.

Achievement – Secured the Third position in Thane District Selection organised by TDCA (Thane District Chess Association)

My mother motivated me to play chess during the lockdown.

Grandmaster Vishwanathan Anand is my inspiration.

My parents take me for Chess classes for practice and ensure that I participate in competitions held in the city.

I practice for 1 hour daily.

I want to improve my middle game.

I do meditation which helps me to concentrate better.

I am certainly impressed to know that at this young age, our Rising Stars are so finely tuned to their sport. They are capable of sound introspection as to which areas each one would like to improve upon.

Hat's off to each one of you !



Kanishka Shetty



Vedant Gajare



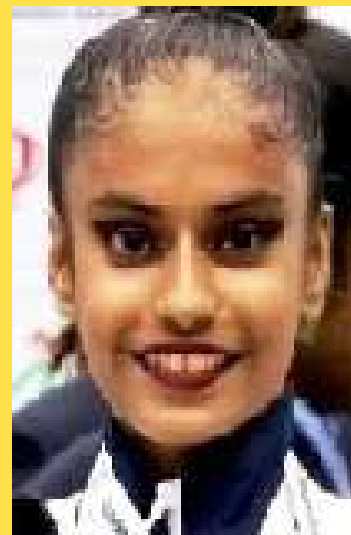
Namom Padhi



Aditya Ghag



Spruha Sahoo



Sanyukta Kale



Isaiah Nazareth



Amrita Pradeep Kumar

1. When did you first start following your passion? Were you always a water baby?

When I was 7 years old, I used to swim with my mother in my building pool and I just loved doing it and used to look forward to the evening to hit the pool but we did not have any idea of doing anything professional. My parents always wanted me to be doing something other than academics and I tried skating, chess, badminton before hitting the pool to practice seriously. Needless to say, I loved swimming and took to water like a fish.

2. Do you have any other hobbies apart from swimming?

After a hard days grind, I don't get much time to follow any other hobby. Time permitting, I would like to relax by listening to music and I love drawing.

3. Being a National Swimmer you must be following a diet & fitness regime. Can you share this secret with us?

It is better not to learn this secret as it is extremely difficult ☺ ☺ In the first one year of my professional pursuit, we understood that more than actual swimming, it is the fitness and diet that makes up for a successful athlete. My Dietician prescribes the food choices and the difficult part is to stick to the plan and what complicates things is that we are strict vegetarians and getting the right amount of proteins from vegetable sources is a bit difficult and hence you get to depend on supplements to fill the void. This needs to be complimented by the fitness routine which involves strength building and endurance building exercises four times a week leaving you fatigued at the end of the day.

4.What was the most remarkable feat that you have achieved so far?

Winning the Senior National Medal in the 4x200 Mtr Freestyle relay race in Assam is my remarkable feat so far as we had to compete with some of the best swimmers and champions in the Country.

Another remarkable feat is winning the Bronze Medal in the Swimming Federation of India Ranking event in Hyd in 800 Mtrs Freestyle event, as it ranks the Best Swimmers in the Country

5.Do you plan to be a professional swimmer?

Yes, While I have the plan but I am not sure what destiny has in store for me but I will surely give it my best shot.

6.How do you juggle your education with your passion?

Bit of a struggle to tell you honestly as you have to put in extra hours to catchup and I used to carry my study when I travel and over the years I have learned to switch seamlessly between studies and competition. Initial phase was difficult but then I got used to it over a period as I did not have much choice I guess ☺

7.Who has always supported and encouraged you to pursue your dreams?

It was my mother who literally stood by me in every step of my journey and without her I would not have reached this level.. Not that others in my family have contributed any lesser but this one needs a special mention.

8. Your take on representing the country and the school?

It would be a dream come true to represent our country and I guess the first step to that is representing the school which I have done and I guess that would put me in good stead to reach the pinnacle. I loved the support and encouragement the school provided in me in achieving, thus far in my career in spite of the pandemic

9. Where do you see yourself 5/10 years from now?

While personally I would like to represent the country in International circuit, I am sure what ever that I do in my life the learning's of my competitive life would definitely help me in handling success and failure with equal plan.

10. Your advice for your fellow schoolmates who want to follow in your Footsteps?

It is better to do something other than academics and it is better if that is competitive as it will give you the maturity to handle success and failure. Try out multiple options and fail fast.. If you like something, then go all in to make it successful.

At the end of the day you should enjoy what you are doing as you would have to sacrifice many things for this and it better be something that you really like else it is not worth it..



01

To create and maintain a positive and productive learning environment.

04

To maximize appropriate conduct .

02

To minimize student's misbehavior.

05

To teach pro social behaviors.

03

To effectively address issues in the classroom.

06

To increase student's academic engagement.

PURPOSE OF CLASSROOM MANAGEMENT

NO BOOK DAY



Basant Panchami Celebration

For the first time NHSSA celebrated " No Book Day". How did we go about it? Well simple strategy " keep the students engaged in activities as per their liking and energy level."

Being a Bengali Linguistic Minority Trust a number of cultural and co-curricular grade wise bi- lingual activities was designed for the students to commemorate Saraswati Puja as No Book Day.

We had dance, singing, jugalbandi, mythological quiz, mehndi application competition, etc. To top it up Grade wise Movie Show was also organised.

Hat's off to my Core Team of teachers and my entire staff for being in this together and making it a flawless affair.

SPORTS & More





EXPERIENCE AND EXPLORE



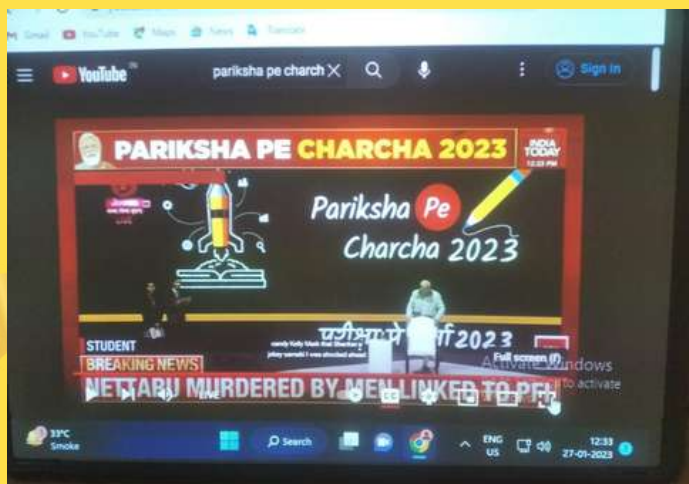
A Visit to ITM IHM



Tuck Shop



Farewell



Pariksha Pe Charcha



Study Abroad Coaching Workshop by HALP



Radio Show

Big Thanks to the backbone of our School

The symphony of some vital departments such as Office Staff, Fee and Accounts Department, Store Department, Admission Counselors, Health and Wellness, Student Counsellor, Lady Peons, Maintenance Department, Security, Transport Department and House Keeping help the institution to function smoothly. They schedule, plan events and work at the front desk as a school's first line of defense.



Establishment Department



Admission Counsellors



Accounts Department



Fee Department



IT Department



Store Department



**Health & Wellness
Department**



Maintenance Department

Our Peons



Housekeeping

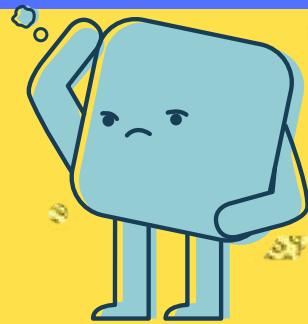
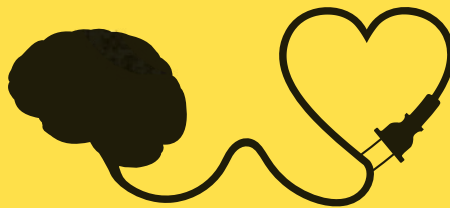
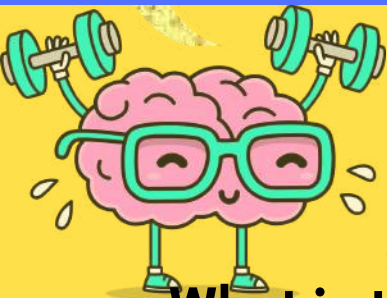
Bus Department



Our Security

We humbly acknowledge the kind of work they do and make earnest endeavors to ensure they earn the respect they truly deserve.

BRAIN TEASERS



- What is the center of gravity ?
- What has a face and two hands, but no arms or legs?
- What can eat a lot of iron without getting sick?
- I'm full of keys but I can't open any door. What am I?
- What number do Nickel and Neon make when they're combined?
- What runs, but never walks, often murmurs – never talks, has a bed but never sleeps, has a mouth but never eats?
- You will find me in Mercury, Earth, Mars and Jupiter, but not in Venus or Neptune. What am I?
- What can be measured, but has no length, width, or height?
- What is black when you get it, red when you use it, and grey when you are finished with it?
- What breaks but never falls?
- What do the numbers 11, 69, and 88 all have in common?
- I am a ball that can be rolled, but never bounced or thrown. What am I?



ITS QUIZ TIME!!!

- What is Ganymede?
- The planet having no moon is
- The distance of the nearest star besides the sun from the earth is
- Which planet is known as the Earth's Twin?
- Solar eclipse occurs when
- The altitudes of heavenly bodies appear to be greater than they actually are. This is due to Parsec is the unit of measurement of
- Which amendment to the constitution inserted a new Article 21A providing Right to education in the constitution?
- The 91st amendment of the Indian constitution deals with the
- The federal system of India was inspired by the constitution of the following?
- Which of the following are primary colours ?
- The refracted ray just grazes the surface of separation. In that case the angle of refraction is the refractive index of a medium depends upon
- The deadliest mushroom is
- After entering the human body through mosquito bite, the malaria parasite (plasmodium) shows initial multiplication in



EXCURSIONS AND PICNICS

Fun at Monteria Village





Picnic at Imagica





**" There is always someone who is a pen to your paper
likewise, Teachers are the catalyst to an inquisitive mind
and soul."**

**This issue we, the Student Editorial Board could not give our hundred
percent to our Newsletter due to hectic schedule and exams. But our
teachers went ahead with the task of compiling this issue.
Thank you so much for sharing your priceless treasure of Knowledge,
Time and Guidance.**

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.....

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Director, NHSSA