



**NEW HORIZON SCHOLARS SCHOOL
&
NEO KIDS , AIROLI
2022-2023**

**REFLECTION, THE WAY
AHEAD**

EDITOR'S VOICE

It's time to celebrate and you all are invited ! To celebrate what? The festivals, the Diwali break, the heart stopping Football, Cricket and Lawn Tennis Matches and what not. Oh no! this time we are celebrating OURSELVES. Amidst all the fervor of festivities we forget to celebrate ourselves. It could be for anything from writing our papers well, getting through a story book, or even our very own innovative recipe.

Do you remember friends, "Everyday of your life is a special occasion. The more you celebrate life, the more there is in life to celebrate". There are a million ways to celebrate oneself. Order in your favourite food, dance on the latest, trendy song of the week, bake the classic brownie recipe you love. Make time for yourself and celebrate all the hard work you have put into things you are passionate about.

Our newsletter equips us with practical knowledge which helps us cope up with different situations in life. It is an apt tool to discover the hidden talent within us and also it portrays the creativity of the students. It helps us to become more aware of not only our potential and talent, but also of our surroundings. The various amazing stories and poems in the newsletter teach us many wonderful moral values which enhance our way of life as humans. A value is being added at every stage. So come celebrate the little things in life which helps you to become a better person !

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CURRICULUM FRAMEWORK

Reforms in the framework of the current curriculum of school education are based on the development needs of the students.

We, at NHSS Airoli welcome the curriculum framework of NEP 2020 as per the 5+3+3+4 pattern:

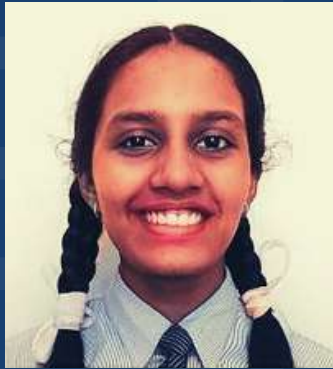
Age	Class	Years of Schooling	Type of the pedagogical and curricular structure
14-18	9-12	4	Secondary
11-14	6-8	3	Middle
8-11	3-5	3	Preparatory
6-8	1-2	2	Foundational
3-6	Pre-school/ Anganwadi/ Bal Vatika	3	



THE EXTRA MILE CHAMPS



AISSE ACHIEVERS (2021-22)



Arushi Shetty
99.8 %



Sia Mansinghka
99%



Purva Parab
99.2%

AISSCE ACHIEVERS (2021-22)

SCIENCE STREAM



**Aryan
Chandramauli**
93 %



Pranav Nair
92.8%



Vedant Bharat
83%

COMMERCE STREAM



Srishty Goyal
93.8 %



Viranshu Pitale
93.6 %



Soniya Raj
93.2 %

NURTURING OUR FOUNDATION

Kids give different responses to stimuli everyday. The teachers observe the kids in their daily activities. We develop kid's listening power, language skills and creativity. We emphasize on – Emotional skills, Social skills, Cognitive skills, Motor Skills.



Learning the basics of 'FIRST AID'



Learning table manners and etiquette through 'NEO CAFE'



RHYTHMIC EFFECTS

The Gifts of Nature

Celebration is a state of mind
Which only you will find
Celebrate your precious birth
Gifted by the Mother Earth
Celebrate the beauty of nature
When you will get real pleasure
Celebrate the every beautiful Season
You don't need to find a reason.
Celebrate the festivals and culture
Retain the memories as Treasure
Celebrate each and every moment
Don't waste time over argument
Life itself is a CELEBRATION
Try to enjoy it in any situation.

Mst. Sarvatman S. Karpur
IV- D



Celebrating Life

We celebrate when we are delighted and for me life itself is a celebration.

I celebrate when I give a smile to a worried face.

I celebrate when I help people in need.

I celebrate when I achieve the unachievable.

I celebrate when I give my fears a tough fight.

I celebrate when I am happily living a moment without worries about future.

And all these celebrations are encapsulated in one phase called LIFE



Mst. Pratham Rahul Wani
IV -G



Moments in Life

Celebrate a new life each day and every day.
Put the past behind you,
clear your mind and make way.
There are lessons to learn, memories to hold.
The future awaits beckoning so bold.
Face your fear as life is full of cheer.
Open your heart and your mind.
Make life your challenge.
Not just a grind.

Ms Sankesha Gangane
Grade V - I





Gratitude towards life

Celebration is not just about festivals, its about joy.

Meeting your family after a long time

Making a new trend or a fashion statement

Celebrating the success of the exam

Winning a running race

Clicking pictures under the sunny sun

Making memories

Making new creations ... **Celebration!!**

Let us be grateful for this life and celebrate it every day.



Ms. Veda Anil Jadhav
Grade VI - I



Lets Celebrate Yoga

Yoga is useful in many ways
To tell you the uses it might take days
It protects your body like a case
So, I love yoga in many ways

It makes your body nice and fit
For that, all you got to do is a little rest
It makes your body like a mace
So, I love yoga in many ways

It makes you sit very calm
Like sitting under a tree eating date palm
It helps to lose your fat in days
So, I love yoga in many ways

It improves your memory and thinking skill
Your brain will work like a productive mill
It makes you think at a faster pace
So, I love yoga in many ways

As I get a good nights sleep
I could achieve a major leap
It helps to manage stress
So, I love yoga in many ways
It makes your future bright
And give you the might to fight
You can be as cool as the moon's rays
So, I love yoga in many ways



INTERNATIONAL YOGA DAY



RHYTHMIC EFFECTS

आज़ादी का अमृत महोत्सव

आज़ादी एक शब्द नहीं है,
स्वतंत्र भारत में जन्मे शिशु के
कोमल मन को समझ न आए।

विद्यालय की पुस्तकों ने
शूरवीरों के बलिदान पढ़ाए
नानी की कहानियों में भी, गए ये पाए।

कोमल मन गए सहम,
विकराल रूप धारण कर
महामारी ने जब पैर फैलाए।

बंधन क्या है? कैसा है?
हर मनुज ने झेला है,
जब कुदरत ने अपना दाव खेला है।

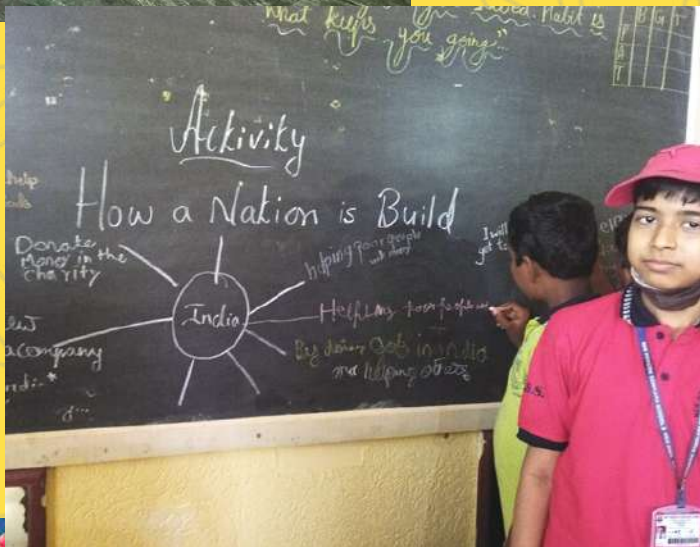
अडिग मनोबल ,अथक परिश्रम,
मानव रक्षकों के समर्पण ने,
सफलता के परचम लहराए

कहने को तो हम सब,
वासी थे आज़ाद गुलिस्ताँ के
पर आज़ादी के मायने अब समझ में आए।

बंधन छूटे, ताले टूटे
परिंदों जैसे सबने पंख फैलाए
आज़ादी का जश्न मनाए।

अब आज़ादी एक शब्द नहीं है।
एक पवित्र अनमोल एहसास है।
प्यासे कोमल मन की जैसे
बुझती अमृत से प्यास है।

अब आज़ादी एक शब्द नहीं है।
एक पवित्र अनमोल एहसास है।
प्यासे कोमल मन की जैसे
बुझती अमृत से प्यास है।





INVESTITURE CEREMONY



Celebration Of Life

There's no definite time to celebrate life
As we can celebrate life whenever we want,
None would ever mind
Or even bother to taunt.

We can celebrate life in a garden
Without remembering any of our life's burden,
Just take a moment to revive those memories
And our really amazing successes and victories.

Life is like a pretty scenery
Granting wishes like any genie,
In this world where you can be anything you want
Be the best version of yourself, give it your Best Shot!

Ms. Anika Sinha
Grade 6-F



" प्रकृति: "

प्रकृतिः माता सर्वेषाम्
बहूनाम् अपि फलानाम्
बहूनाम् अस्ति वृक्षाणाम्
पुष्पाणाम् चापि मातेयम् ।

भ्रमराणां, पशूनां ,
पक्षिणां च मातास्ति
जनेभ्यः जीवनं सदा
ददाति प्रकृतिः माता ॥ १ ॥

अस्ति सा तु मनोहरी
मातृणाम् अपि माता अस्ति
प्रकृतिः माता सर्वेषाम्
नमो ऽ स्तु ते मात्रे प्रकृत्यै ॥ २ ॥

मारवी विचारे
कक्षा दशमी ड



Love of Nature

Waking up every morning
We see all sorts of blessings.
It's God's way of reminding,
Be grateful to all we are having.

We are provided with everything,
Air, water and land for living. But if we
don't know ways of protecting,
All these gifts will be disappearing.

Technology is increasing,
Our natural resources are vanishing.
Let's join our hands in protecting,
God's creation we keep on moving.

Tia Nair
VII - I



Choice vs Abilities

Its not our abilities that define us,
Its our choices that do.
Its always the abilities that we discuss,
But the main thing is very few.

In this world of technologies,
You can't let abilities get hold of choices.
Because if you let this thing happen,
The world is nothing but a shack of ruins.

And lastly, I would like to say this thing,
Don't let anyone snatch your share of choices.
Its your life; you can do anything,
Don't let people poke their filthy noses.



Mst. Naman Shah
Grade 8 - H

The Leaf

The tiny leaf
Fell from a tree,
Floating in a river
Calm and free.

He does not know
Where it will take him,
He just has to flow
Where his destiny awaits him.

The Era of Emotions

The steady sound of engines,
The smell of freshly baked bread,
This is the era of romanticism
Where I lightly tread.

People in coats and hats,
“Bonjour!” is what they say,
I gave them a smile.
As I went on my way

The Wildfire

The Wildfire spreads throughout
Burning everything to its core,
The fire burns in and out
Putting up violent gore.

Be aware of the fire
Do not let it seed,
It fuels desire
Leading to Endless Greed.

Tanish Yewale
Grade X-G

MY FATHER

**We all think mothers are more expressive and fathers are
not,**

But the love of father could not be expressed in words.

**A father is more than a mother,
Plays with me like a brother, and
Comforts me like a sister.**

**He taught me to walk,
And fluently talk.
The things he says,
Helps me in all ways.**

**Even though he's tired,
He sits to hear my bits.
The time is only when he scolds,
After that he loves me and holds.**

**He doesn't give me surprises only on a special day,
Because living with my father is a surprise for me everyday.**

**I truly say that no father around like you can be found.
That's why its said - "Daughters are always like their
fathers"**

**Namrata Mohan
Grade X-G**

BOOKS

**Books are a medium of information,
Which leads to beautiful admiration.
Inspires to change a person,
By teaching lots of lessons.**

**But technology has changed people's psychology.
Rather than a book, people use internet to take a look.**

**Books tell us about the past,
What has happened last.
About kings and their war,
What has happened so far.**

**Books reduce stress,
So that we can use our brains in playing game like chess.
Improves our language,
And increases our general knowledge.**

**Books stimulate our creativity,
To do lots of productivity.
Helps in studies,
To handle many responsibilities.**

**Namrata Mohan
Grade X-G**

ALUMNI SPEAKS



RONIT DEY

1.Which was your favorite subject while in school?

Mathematics has always been my favorite subject. That was the case even in school.

2.Share with us some fond memories of your school life.

The school trips are indeed one of the fondest memories of my school life. Just the way everyone gets along on the school trips, including the teachers, who show us a different and fun side of themselves, is great to experience.

3.How did you balance between what you enjoyed doing and your studies?

I had a habit of going out to play for at least 2 hours in the evening and then study after that, so it was not very difficult to balance between the two.

4.Tell us about your proudest moment during your school life.

For me, the proudest moment of my school life was when I saw the expressions and happiness of my parents at the moment when the 10th board's result was declared.

5.Where are you currently working and what is your designation?

I am currently a college student. I am in my 4th (final) year. I am pursuing IT from SIES Graduate School of Technology.

6.How did the school prepare you for your career?

I think all that a student takes from school is the determination and motivation to do something. Same is the case with me. I pursued engineering and thought of making a career in it because I figured out during my school life that I am good with things involving Reasoning and Analysis. This gave me the determination and a drive to look forward to engineering as my best option.

7. 'Learn as much as you can while you are young, since life becomes too busy later.' Your take on this.

Learning at a young age is a very important thing to do because I believe as and when we grow old, we get too busy with a fixed schedule and do not have time or even energy to work on ourselves. As a result, the elders have a hard time changing according to the needs of the society.

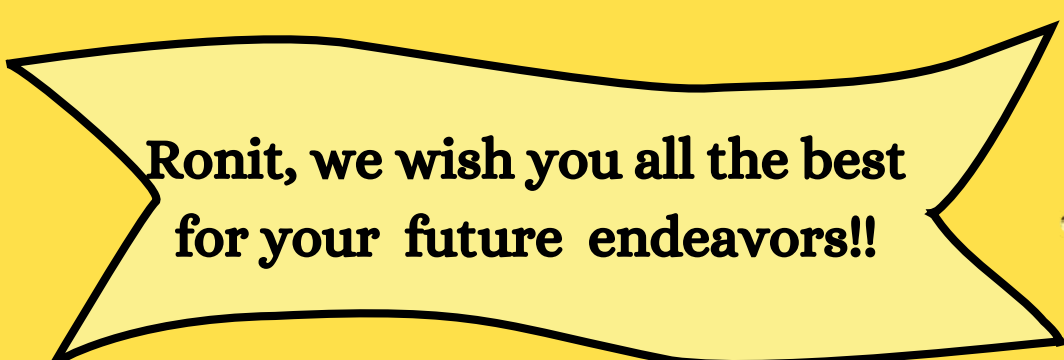
Here, learning has got nothing to do with academics of school. There is so much to learn in the ever expanding outside world that we probably don't even know about right now.

Out of all, I would say, political correctness and being respectful and considerate towards each and every community of the society, is the most important thing we can learn.

As straight forward and common this might seem, it is indeed the most difficult thing to learn, and according to me, we youngsters are the one who can do it very well.

8. "In today's world getting a job isn't just about your degree, it's also about expanding your perspectives and skill sets". What is your advice to your juniors?

Not only job, considering business, freelancing, etc. also, expanding one's skill sets and perspectives is the most important thing. One might think that they will get into a certain field for their career because it is the most common thing to do or the most secured or highest paying jobs they can get, but unless they really are interested in doing what they are asked to do, they can never scale themselves in life. After a point, it just becomes a task in our day-to-day life, and not something for which we would want to work on and improve ourselves.



**Ronit, we wish you all the best
for your future endeavors!!**



DIVYA NAIR

1. Which was your favourite subject while in school?

I really enjoyed English, Social Science and Biology as well. I was always drawn to languages and social sciences and this interest remains even today.

2. Share with us some fond memories of your school life.

I am extremely grateful for the friendships I have made in school. Even today, my friends from school happen to be some of the most important people in my life. I'll always treasure every moment spent with them, be it on school trips, or a usual day in class.

3. How did you balance between what you enjoyed doing and your studies?

Personally, I never struggled to strike a balance between academics and my hobbies or social life. I was able to prioritize academics when necessary and also ensured that I do things I like, be it playing with friends, socializing, reading or watching movies.

4. How would you describe your persona and how has the school played a vital role in shaping you?

The school helped me identify my areas of interest and the things I was good at. Early on I realised that language, writing, social sciences etc. were some of the things I was really good at and this has remained true since.

Moreover, I was also able to recognise areas that didn't interest me or things I wasn't good at. I believe that trying things out and knowing what we don't like or what doesn't work for us is just as important an aspect of learning as well.

5. Tell us about your proudest moment during your school life.

I think being elected as the Vice Captain of Sapphire House, and winning a gold medal for any race during Sports Day over the years were some of my proudest & most memorable moments.

6. Where are you currently working and what is your designation?

I am currently in my first year of pursuing a Master of Psychotherapy at the University of Edinburgh, UK. My aim is to become a psychodynamic and person-centred therapist and work in an organisation or start my own practice in India.

7. 'Learn as much as you can while you are young, since life becomes too busy later.' Your take on this.

I believe learning is a lifelong process. Especially as a psychotherapist in training, learning and growing is a way of being as there is no way to ever master the skill of helping people.

I also think this holds true no matter what path you choose for yourself.

8. "In today's world getting a job isn't just about your degree, it's also about expanding your perspectives and skill sets". What is your advice to your juniors?

From personal experience, I can say that it was hard to see everyone around me pursue a career in science along with the expectation from my family, teachers, peers etc. for me to do the same. Sadly this is the case even now in schools across the country where there exists a hierarchy of career fields with STEM careers at the top and social sciences & humanities at the bottom.

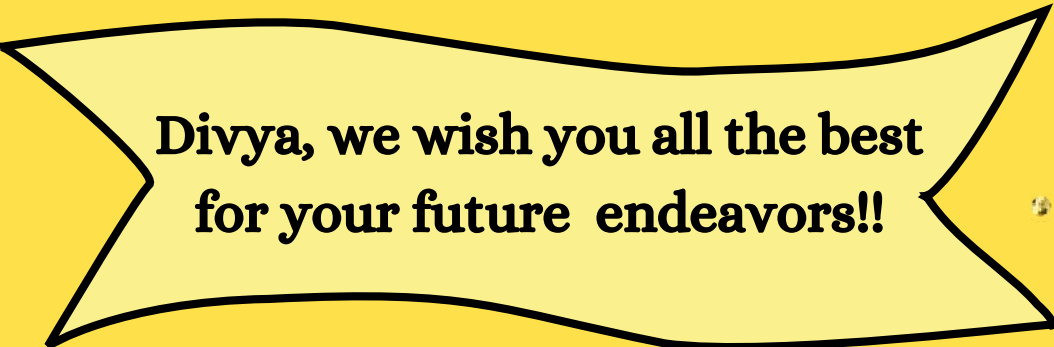
Fortunately, I had someone in my life who was pursuing Psychology at the time. This broadened my perspective and helped me realise what my true calling was. It was hard to go against what everyone was asking me to do but I am thankful for my experiences that helped me make the right decisions.

Thus, I believe that curiosity and being open to experience is a very valuable way of being.

9. How did you avoid distractions and prioritize your tasks to achieve your goals?

I don't believe there exists such a thing as distractions. It is simply about striking a balance between the things you want to do and the things you have to do. While studying and getting good grades is something you have to do as it is beneficial for the future, it is also important to allow yourself to do the things you want to do.

It is important to be goal oriented, however, I am a huge advocate of allowing oneself to take a break and slow down when needed. It's extremely common now for students in school to burn out in their struggle for perfectionism. This is why I believe that having hobbies and a healthy social life is an important part of being able to achieve your goals.



**Divya, we wish you all the best
for your future endeavors!!**

The Lifeline of our Students





BUDDING WRITERS

Celebrating Togetherness

Celebrations have always been a part of family and community life. Although most of our celebrations and holidays have gradually changed since their historical beginnings, they unite, motivate and educate. For parents, this makes them ideal tools for building family strength and teaching values. Research continues to find that families who celebrate together are healthier and are better able to meet the challenges of modern day living. So, what exactly does it mean for parents? Let's take a closer look. Celebrations help us unite, whether it is a presentation of Olympic gold or a backyard barbecue. Celebrations unite us. They allow us to express feelings and happiness.



Ms. Dovya Rane
Grade V- I

Life Events

Every day of our life is a special occasion and it should be celebrated. Celebrations add colour to our life and birthday is one of them. A birthday celebration is an enjoyable life event for anyone. It is celebrated with our family, friends and loved ones. Wearing a new dress and receiving gifts are the best part of the day. The celebration room is decorated and everyone sings the 'Happy Birthday' song while cutting the cake. Birthday celebration makes us aware of how social life is important for us.

Ms. Arantrika Swain
Grade II - A

'Celebration' as feeling of Gratitude

Celebration is an emotion, it is a feeling, it is a moment of joy that we feel when we succeed. Celebrating life is important and it is also the best way to develop an 'Attitude of Gratitude' that transforms the very best of our results in life.

Celebrating life shows us the struggles and difficulties we have faced to achieve our goals. That is the most important thing to celebrate about. Life is a beautiful God given gift and we should celebrate it each and every moment of our lives.

Ms. Saachi Thakkar
Grade V- I

Celebrating victory..

It was the day of race...

Neha was the fastest runner in the race. But she was not confident that she should win the race. Participants were practising to run fast.

The race started at sharp 10.30 am Neha was on 4th place, she ran fast and came on 2nd place. Rahul was running beside her. He said to Neha." You are a slow runner. How can you come on 2nd place? However I am only going to win the race. Neha got disappointed.

Neha increased her speed and within a moment she was on the 1st place.. She was so excited.... She was just 50m away from winning the race, But Rahul pushed her and she got hurt on her knee.

But still she ran limping and won the race. It was a time of CELEBRATION !!

Ms. Aarya Borkar
Grade V - B

The Story of a Middle - Class Woman

At four she wakes up, even before the birds start stirring and chirping. She prays for the well-being of her family and starts her day. She goes into the kitchen to prepare breakfast for her family. Hiding her tiredness behind a smile she goes to wake up her children for school only to hear their complains and absurd requests to sleep a little bit extra. She ignores their wailing and firmly wakes them up and goes on talking with them till they are all ready for school.

After packing them off to school, she herself rushes to work. If she is late her boss scowls and insults her. Little does he know that she has been up since four o'clock in the morning. She does her fair bit by offering her suggestions for improving sales, but is ignored and scorned at by the culture of our patriarchal society.

After work she rushes off home to be with her family. But kids are kids and without knowing what she has gone through the entire day, they continue to throw challenges at her. She accepts it all with a smile and finally manages to put her children to sleep.

She tries to convince herself that tomorrow is a new day, a better day and goes off to sleep as again she has to wake up at four.

Ms. Anish Agarwal
Grade VIII-G

How a Forest turned into a Town

A man in the far away east gave up all his worldly materialistic concerns and went to live in the woods. There he built a hut for himself and his only clothing was a piece of cloth around his waist.

But, as luck would have it, rats were plentiful in the wood, so he had no choice but to keep a cat. The cat required milk, so now he had to keep a cow. The cow required tending so he had no choice but to employ a cow-herd.

Do you think that was the end of his woes? No! The boy required a place to live in and so a new house was built. A maid was appointed to tend to their needs. To provide company to the maid a number of houses were constructed and people were invited to live in them. Very soon a small township sprang up in the wood.

Why had the man come to live in the wood? To escape from the monotonous urban life. What did he land himself into? What a vicious circle it is?

Ms. Ayush Shinde
Grade VIII-B

Understanding Celebration

Celebrations are an important part of our life whether its a festival or just a humble occasion, celebrating them makes them more enjoyable and creates memories that we treasure. A number of studies have found that celebrating brings significant benefits including improved physical health.

Physical health depends a lot on the mental state, which celebrations definitely improve. People who take time to reflect on- and celebrate their success are generally more on the optimistic side, which is something that we all need. Normally, after we achieve success in something, we always try to achieve more and more, thereby reducing the satisfaction of that success.

Celebrating is also a great stress reliever. Not to mention, whenever there is a celebration of a festival, we get a holiday and that helps us to just take it easy for a while and get away from work or other worldly concerns. Celebrating allows us to take our mind off the task at hand and focus on another important task which is recognition and appreciation for everything that has been done for us by God.

The main reason we celebrate is to honor an important detail in our life and share that special moment with the people we love. We, come to rely on certain rituals and events that unify us and bring back the legacy of those specific days as well as memories of the part. The people celebrating may change, but the tradition remains the same and keeps us connected, in addition to building memories of the present.

As human beings, we have a deep necessity to be a part of something larger than ourselves and celebrations helps us come together with friends, family and the community and well, have fun!

Ritvik Mohanta
Grade VIII-D

The Way of Life

Celebrations, big or small are treasured moments which have marks on our memories. Let me tell you about one such recent celebration.

Our Prime Minister, Shri Narendra Modi, celebrated his birthday on the 17th of September by importing eight Cheetahs, an endangered species who are more or less extinct in India, to our country. The government created special areas to keep them safe and prevent them from going extinct. A truly commendable initiative by our country's government! This selfless celebration hopefully motivates all of you to spread your happiness when you feel like celebrating.

Next time, on your birthday, plant a tree or feed the homeless. Bring a smile on someone else's face, celebrate with them, you'll cherish the memory forever!

Tanish Jigar Nandu
Grade VIII-G

रौप्य, सुवर्ण, हिरक, अमृत
उत्सवांच हे स्वरूप मूर्त
सोहळ्यांची शान आगळी
जिवनी येई नवी झळाळी

मनुष्य जन्मच उत्सव करून साजरा केला जातो. पुढे जीवनाच्या विविध टप्प्यांवर सोहळ्याचे स्वरूप फक्त बदलत जाते. सण- समारंभ, लग्न, मुंज, नोकरी वा परीक्षेतील यश असे अनेक प्रसंग साजरे केले जातात.

आयुष्यातील विविध चढ-उतार, काळज्या, मनःस्ताप यावर उत्सवच तर चार क्षण विरंगुळा देतात. त्याचबरोबर नात्यांचा आणि निसर्गाचा उत्सवही माणसाने साजरा केला पाहिजे. नात्यांचा उत्सव हा मनुष्याला संकटाला सामोरे जायची ताकद देईल आणि के. मंगेश पाडगावकरांनी म्हटल्याप्रमाणे 'सहा ऋतूंचे सहा सोहळे' अनुभवताना मनुष्य कसे जगायचे हे शिकेल.

आणि खरं तर उत्सव हा माणसाच्या मनात असला पाहिजे. तरचं आयुष्य खऱ्या अर्थाने सोहळा बनेल. अवघड आहे पण अशक्य नक्कीच नाही. मग करताय ना या उत्सवमयी प्रवासाची सुरुवात आता या क्षणापासून !

अनुभवावा प्रत्येक क्षण न क्षण वेगळा
जगणेच बनावे एक सोहळा

श्रीमयी कार्पूर
१२ अ

READATHON

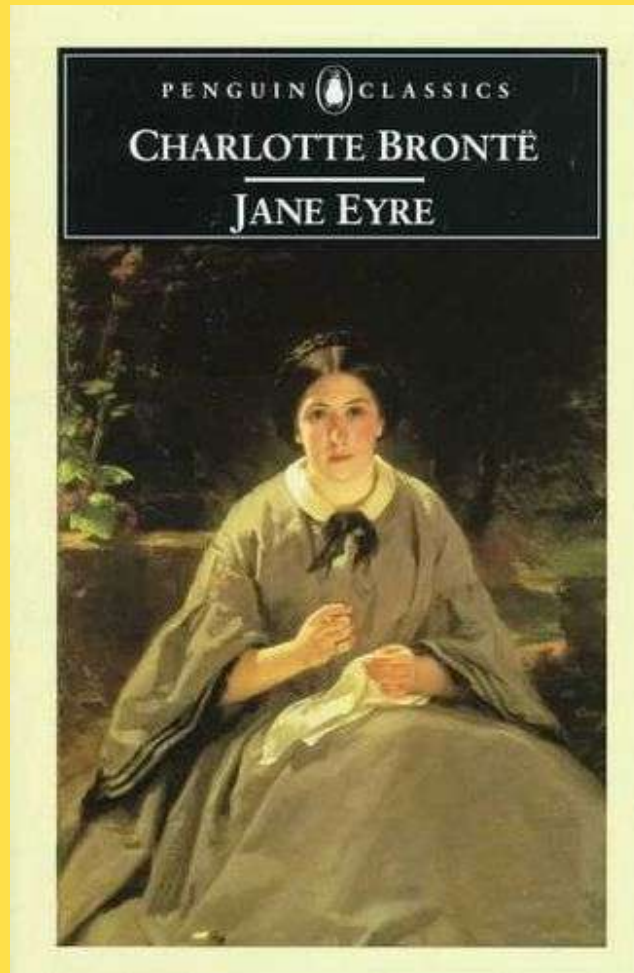


CASSANDRA CLARE, ALSO KNOWN AS 'QUEEN OF FANTASY' WROTE THE SERIES SHADOW HUNTERS: THE MORTAL INSTRUMENTS. THE MORTAL INSTRUMENTS IS A SERIES OF SIX YOUNG ADULT FANTASY NOVELS WRITTEN BY AMERICAN AUTHOR CASSANDRA CLARE, THE LAST OF WHICH WAS PUBLISHED ON MAY 27, 2014. THE MORTAL INSTRUMENTS IS CHRONOLOGICALLY THE THIRD SERIES OF A PLANNED FIVE IN THE SHADOWHUNTER CHRONICLES BUT WAS THE FIRST ONE PUBLISHED.

THIS BOOK IS PERFECT FOR SOMEONE WHO LOVES READING FANTASY. EVEN IF SOMEONE DOESN'T LIKE FANTASY, THIS BOOK WILL MAKE THEM LOVE IT. VAMPIRES AND WEREWOLVES HAS ALWAYS BEEN FAVORITES OF FANTASY LOVERS, BUT THIS BOOK COMES UP WITH A TOTALLY NEW CONCEPT OF 'SHADOWHUNTERS', WARRIORS WHO PROTECT MUDANS FROM DEMONS AND HUNT THOSE DEMONS DOWN. THIS BOOK IS ABOUT THE JOURNEY OF A 16-YEAR-OLD, CLARY FRAY WHO STARTS SEEING THINGS: VAMPIRES IN BROOKLYN AND WEREWOLVES IN MANHATTAN. SHE HAS BEEN LIVING IN MUNDANE WORLD FOR SIXTEEN YEARS, NOT AWARE OF HER TRUE IDENTITY. TEMPTED BY THE SHADOWHUNTERS, SOON REALIZES SHE TOO IS ONE OF THEM.

I WOULD HIGHLY RECOMMEND THIS TO THE READERS AS THIS BOOK IS FULL OF MYSTERY, SUSPENSE AND FANTASY.

**ARPITA LENKA
VIII D**



JANE EYRE, WRITTEN BY CHARLOTTE BRONTE IS A BOOK, COMPRISING OF TRAGEDY, ROMANCE WITH A LITTLE SUSPENSE. IT IS A BOOK WORTH READING AND I HOPE EVERYONE WILL TRY. THE STORY REVOLVES AROUND JANE EYRE, WHO IS THE PROTAGONIST OF THE STORY. IT IS THE STORY OF HER LIFE. SHE SUFFERS A LOT IN HER LIFE. SHE WAS AN ORPHAN AND WAS ILL-TREATED BY HER AUNT AND COUSINS. WHEN SHE GROWS UP AND WORKS AS GOVERNESS OF A SMALL CHILD, SHE MEETS MR. ROCHESTER, THE CHILD'S FATHER. AS SOON AS SHE MEETS MR ROCHESTER, HER LIFE TAKES A TURN AND HERE BEGINS THE PERPLEXING TURN OF EVENTS. BONDS OF LOVE SOON FORM BETWEEN THE TWO BUT, SUDDEN MYSTERIOUS LAUGHTER CAN SOMETIMES BE HEARD IN THE HOUSE. MR ROCHESTER TRIES TO COVER IT UP BY TELLING THAT THAT IT WAS ONE OF HIS SERVANTS, BUT IS IT TRUE? IS MR. ROCHESTER LYING? READ TO FIND OUT. THE SUSPENSE ELEMENT OF THE STORY KEEPS THE READER INTRIGUED AND MAKES IT DIFFICULT FOR ONE TO PUT IT DOWN. THIS BOOK IS SUITABLE FOR CHILDREN AGED 12 TO 15. I GIVE IT 4 STARS.

**SHREEYA. M
VII G**

TEACHER'S CORNER

MAKE YOUR CHILD AN INDEPENDENT LEARNER

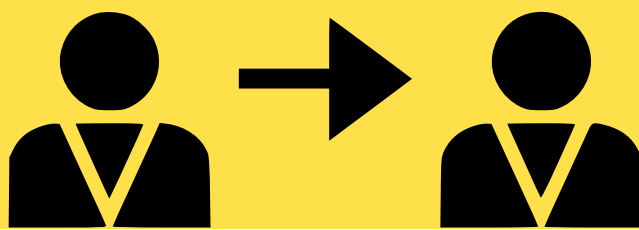
Let the Child be an Independent Learner!!

Independent learners can take accountability for their learning. These are students who can take initiative and make good decisions. Developing independent learners is important to help students advance in their academic performance and stay motivated.

Independent Learning is important because it develops creativity and intellectual curiosity. It is basically about pupils being active rather than passive. It is about them working out the answers rather than being told them enhancing their critical thinking. Parents should encourage the following characteristics: curiosity, passion, inspiration, discernment, self- motivation, self-examination, accountability, critical thinking and persistence.

The paybacks of independent learning for students include:

- Enhanced academic performance
- Improved motivation and confidence
- Increased chances to be creative and intellectually creative
- Fostered social inclusion and countered unfriendliness from peers
- Amplified opportunities for completing differentiated tasks set by the mentor





Following are the beneficial tips for parents & educators:

1. Offer self-monitoring opportunities

Encourage the children to self-monitor by helping them develop their use of self and peer assessment to see whether the strategies they were using were effective for achieving learning goals.

2. Develop communication skills

Guide students to develop communication that includes language focused on learning to become more aware of the stages involved in learning, to understand their learning style and help them share their thinking.

3. Develop an effective classroom

The teacher must develop effective classroom discourse, asking higher-order, open-ended questions, and responding flexibly to students' responses to promote thinking, problem-solving skills and deeper understanding.

4. Encourage students to set their learning goals

Children will replicate their interests and preferences and take ownership of their learning; this will make the children feel empowered and in control of their learning.

5. Boost collaboration

Giving children regular opportunities to complete small-group tasks and encouraging them to learn from each other and progress their ideas.

Sapna Jadhav Eldandi

Published Author | Educator | Storyteller | Content Creator

Attention! Attention! Attention!

We, the Counselling Department of New Horizon Scholars School & Neo Kids, Airoli are here to discuss an important topic with all of you. Before we jump into our topic we would like to ask you a simple question.

HOW MANY OF YOU ARE COMFORTABLE SHARING YOUR MENTAL HEALTH CONCERNS?

We all know India is exceedingly populated country which also has highest prevalence of mental illness globally. Let's get few statistics straight. According to National Mental Health survey, 2016, 14% of India's population requires active mental health interventions. One out of every five people is suffering from a severe mental health condition.

Now, the question is if so many people are suffering from mental health issues then what obliges them to hide their struggles and avoid getting the help they need? One of the reasons is that seeking help for mental health problems is still a very hushed subject. We as a society need to address the elephant in the room, only then this stigma will be broken and we will be able to talk about it in a respectful and real way. We need to start seeing that people with mental illness aren't different than us.

Unfortunately, individuals are not ready to accept the reality of mental illness as there are no written evidence to prove our unhealthy emotions and feelings. When it comes to physical conditions we have lab reports, blood test, x-ray or an MRI scan to validate our unhealthy physical complains. How should we validate our Mental Illness? Who will believe us? And what will people think about us? Humans have common tendency to believe in things that are visible to naked eye. Anxiety, Depression, Phobia, Fear, and Stress may not be visible to naked eye but they do occur. As we believe in God with an eagled eye without witnessing his existence. Similarly, we need to believe in our unhealthy emotions and work for a peaceful and healthy mind.

Is there any particular age group or a specific religion who can get affected by Mental Health concerns? The answer is No! Mental Illness can occur to anyone. There are no discrimination of caste, creed, religion, and age or socio economic status. From famous personalities to not so famous persons, from toddlers to adults anyone can be affected with mental illness.



How to identify if anyone is suffering from Mental Health Problems? So, here are few signs and symptoms which an individual will exhibit if they are suffering from Mental Illness.

- **Feeling sad or down**
- **Confused thinking or reduced ability to concentrate**
- **Excessive fears or worries, or extreme feelings of guilt**
- **Extreme mood changes of highs and lows**
- **Withdrawal from friends and activities**
- **Significant tiredness, low energy or problems sleeping**
- **Detachment from reality (delusions), paranoia or hallucinations**
- **Inability to cope with daily problems or stress**
- **Trouble understanding and relating to situations and to people**
- **Problems with alcohol or drug use**
- **Major changes in eating habits**

If these signs/symptoms are being exhibited by an individual they need to seek professional help. Mental health is not only about mental illness, it includes how you feel about yourself, how quickly you adapt to the change in our environment and how you adjust to life events.

**“Kuchh to log kahenge
logon ka kaam hai kehnaa”**

On these lines we would like to conclude saying that make your mental health a priority and let it not be a stigma or taboo.

HEADS UP

HELEN O' GRADY INTERNATIONAL



As you are aware School Education is now being aligned to the needs of the times. The various initiative of including Life Skills in the school curriculum is a major step in this direction and stated in detail in the National Education Policy (NEP 2020).

World Health Organization defines Life Skills as “the abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life.

At NHSS we have introduced the Speech and Drama programme offered by HELEN O' GRADY INTERNATIONAL. Creative and Developmental Drama helps to nurture the inherent creative thinking and imagination in children of all ages. A continuous participation in Dramatic activities develops self-control, awareness and discipline that serve the student well in all aspects of life.

BACK ON TRACK



AMRITA PRADEEP KUMAR

Won Silver Medal

4*200 Free Style Relay at 75 th Senior National Aquatic Championship 2022

Held in Assam, won Gold medal in 400m freestyle and Gold medal in 100m freestyle at Khelo

India Junior women, Zone 2, Round 1

Held at Ahmedabad



SANYUKTA KALE

Won 5 Gold Medals in Rhythmic Gymnastics at

Khelo India Youth Games



Spruha Sahoo secured 1st position in Rhythmic Gymnastic at Rhythmic Gymnastics State Championship 2022-23



Namom Padhi secured 2nd position in Chess tournament.



Namom Padhi secured 1st position under 15 girls and selected state level at Amravati

A FEATHER IN OUR CAP



Hard work reaps rich dividend.

Our Principal Ms. Rachana Kamath won the Top Educator and Best Principal award.



Best Teacher Award (New Horizon Scholars School, Airoli)

By Vidhyaiva Sarvadhanam 2022 In Major City

VICTOR'S TOP NOTCH



Shuddhi Kadam is Winner of Marathi reality show '**Mi Honar Superstar Chote Ustad**' on Star Pravah. She was awarded with a trophy and a cash price of 4 lakhs. She got an opportunity to record a song at the popular **YRF Studio**.



Shubham Bobade has qualified for the **Second round** in the **Top 7 Jhankriti 2022** (Azadi ka Amrit Mahotsav)



Not just our super talented students but our teachers Ms. Pooja Sharma & Ms. Pallavi Bulakhe participated in a Regional Marathi singing reality show '**Yuva Singer Ek Number**' on channel **Zee Yuva** . We are glad to announce that both were among the top finalists.



Ms. Divya Nandvikar secured **1st position** in Singing Competition.



We secured 1st position in inter school Dance Competition 'Namaste India 2022-23' at Pawar Public School, Bhandup



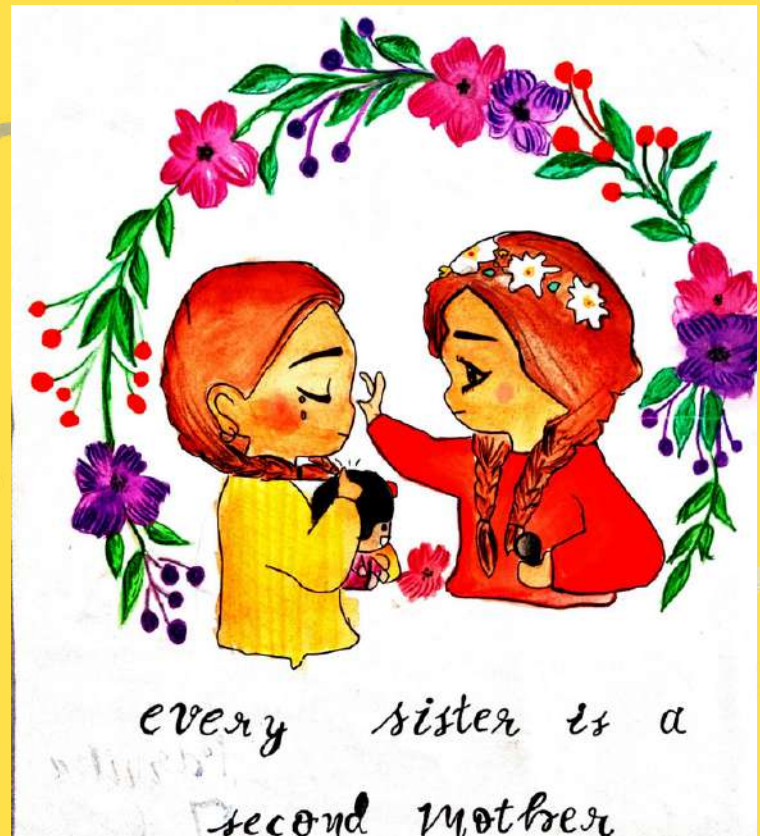
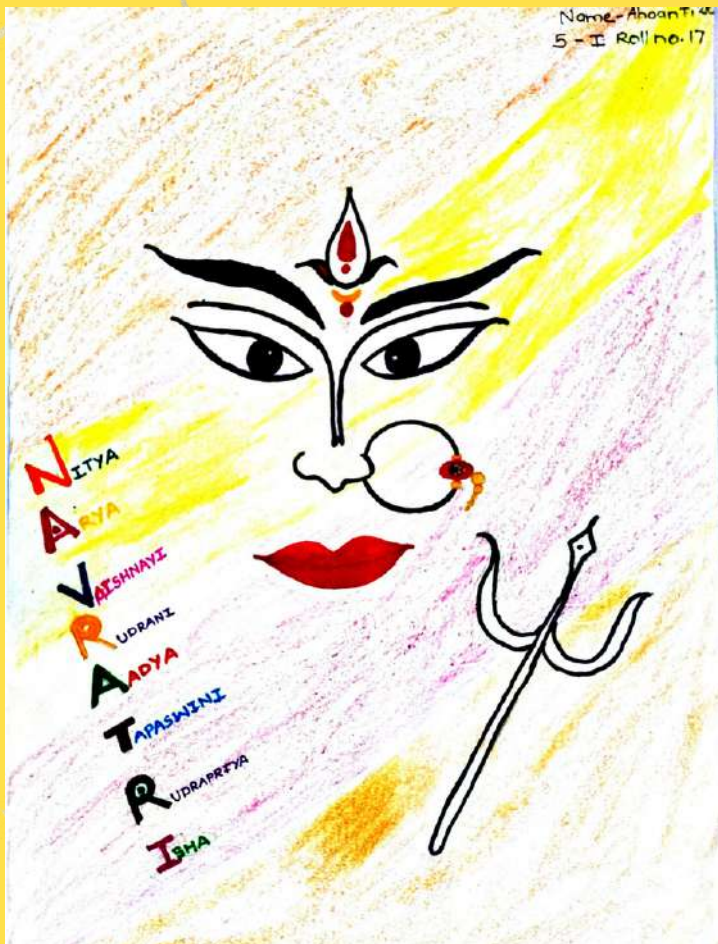
We secured 2nd position in inter school singing Competition 'Namaste India 2022-23' at Pawar Public School, Bhandup

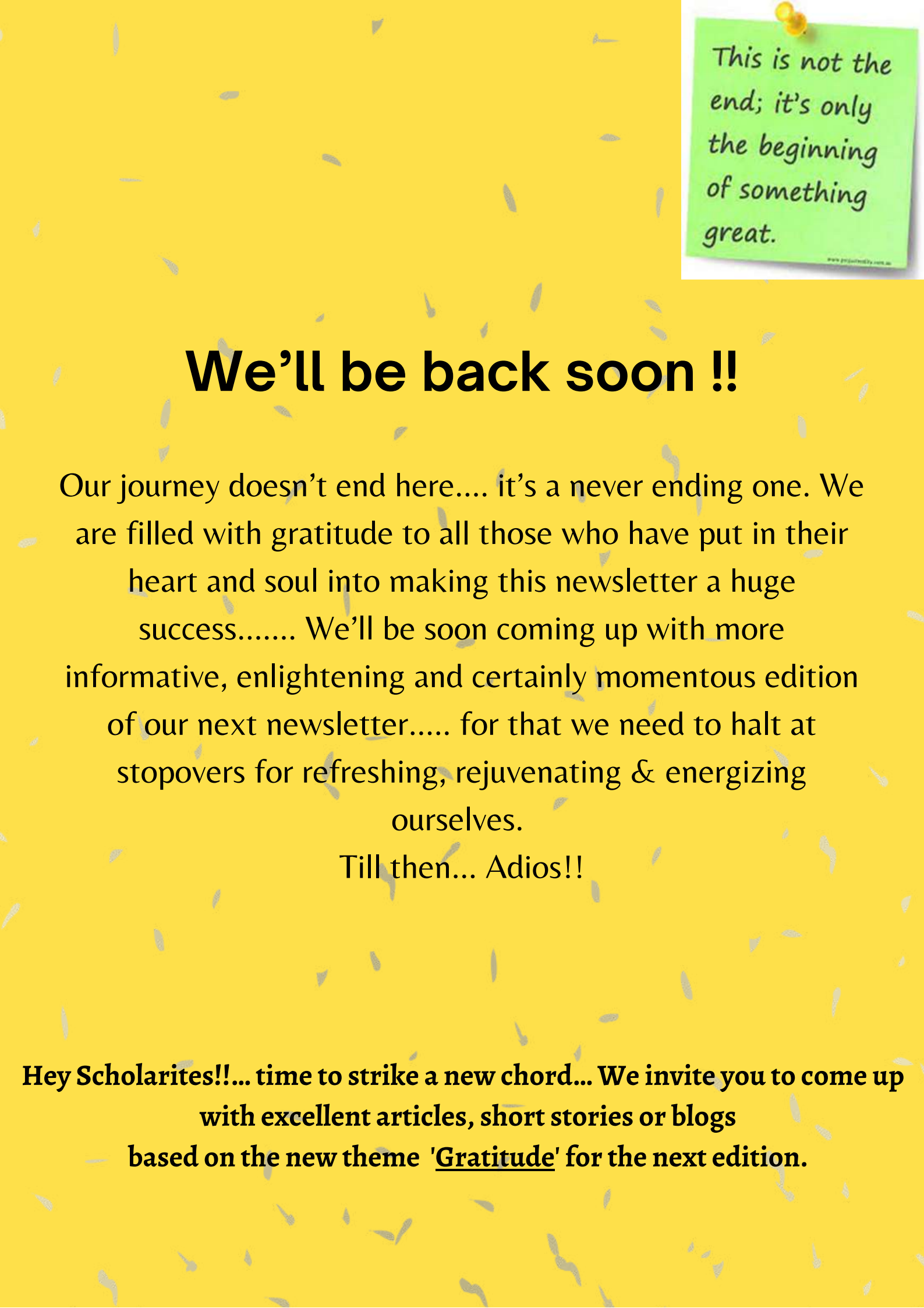


NMMC Cleanliness Drive - CBD Belapur

**Students
of
grade VIII
participated in the
Inter School
Competition**

BUDDING PICASSO





This is not the
end; it's only
the beginning
of something
great.

We'll be back soon !!

Our journey doesn't end here.... it's a never ending one. We are filled with gratitude to all those who have put in their heart and soul into making this newsletter a huge success..... We'll be soon coming up with more informative, enlightening and certainly momentous edition of our next newsletter..... for that we need to halt at stopovers for refreshing, rejuvenating & energizing ourselves.

Till then... Adios!!

Hey Scholarites!!... time to strike a new chord... We invite you to come up with excellent articles, short stories or blogs based on the new theme 'Gratitude' for the next edition.



**" There is always someone who is a pen to your paper
likewise, Teachers are the catalyst to an inquisitive mind
and soul."**

**The relentless efforts of the teachers has helped us in
initiating our newsletter. Thank you for sharing your
priceless treasure of Knowledge, Time and Guidance.**

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